The Life Recovery Devotional: Thirty Meditations From Scripture For Each Step In Recovery

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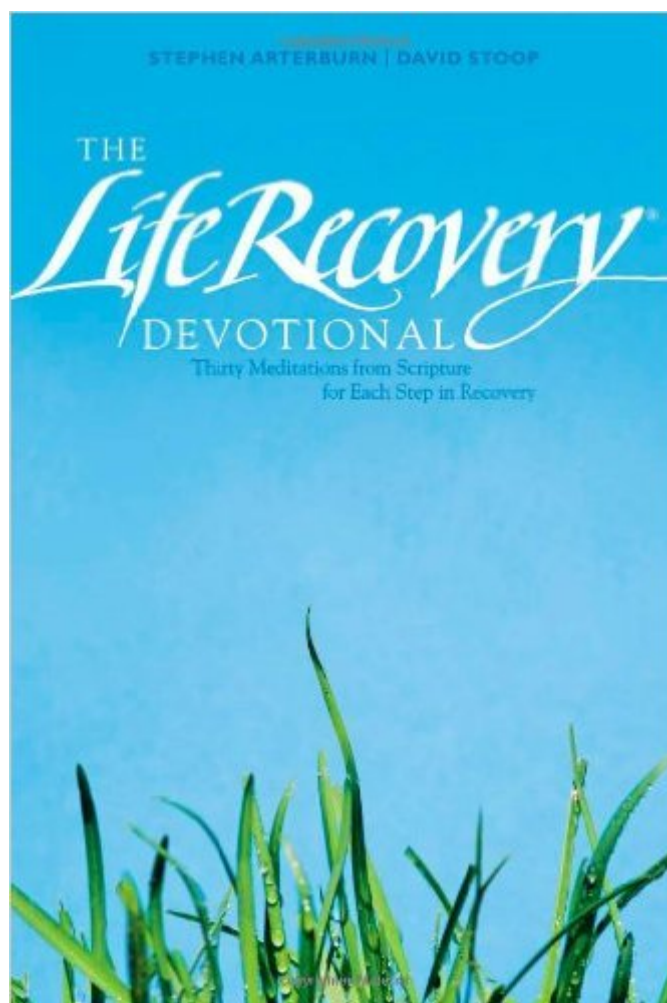
THE

LifeRecovery

DEVOTIONAL

Thirty Meditations from Scripture
for Each Step in Recovery

Synopsis

Inspired by the Life Recovery Bible, The Life Recovery Devotional takes readers on a devotional journey through the Twelve Steps, with thirty inspiring and encouraging meditations from Scripture for each step along the road to recovery. Opens with a complete listing of the Twelve Steps. Also features helpful and encouraging Bible verses from the New Living Translation.

Book Information

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Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars See all reviews (47 customer reviews)

Best Sellers Rank: #74,914 in Books (See Top 100 in Books)   #91 in Books > Christian Books & Bibles > Ministry & Evangelism > Counseling & Recovery   #126 in Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs   #233 in Books > Christian Books & Bibles > Worship & Devotion > Meditations

Customer Reviews

The Life Recovery Bible NLT, The Life Recovery Workbook and The Life Recovery Devotional: Thirty Meditations from Scripture for Each Step in Recovery written by Stephen Arterburn and David Stoop are the best recovery books I've ever worked through! The three together build off of each one and reinforce each other as you travel through them together with a trusted sponsor. I asked my priest to be my sponsor as I am not an alcoholic but struggle with addiction with food and eating disorders, depression, a suicidal attempt plus a movement disorder that take over and control my life for days on end. This study has filled me with so much inspiration and hope in life again, that the clarity and understanding I've found with these books has allowed my faith to continue to grow stronger in my belief of a higher power. I've found through these books that my spiritual side is a very important part of the recovery process. The Life Recovery Devotional is my favorite of the collection because it uses scripture to reinforce the guidance and encouragement offered in this devotional bringing so much clarity and understanding to the Steps and scripture. The workbook is a must have also to use with a trusted sponsor as it offers deep, challenging questions that help you

to search deep and find and face your shortcomings. Writing out and discussing your moral inventory with your sponsor as you go through the steps helped me to face my past, shortcomings, and secrets that kept me full of shame and guilt and unworthiness. These three books worked together can absolutely change your attitude and open up a whole new life full of beauty, hope, peace, serenity, purpose and faith. They are written so they may be used for any type of addiction and/or depression.

I purchased this for a friend that is in a 12-step recovery program and I also bought myself a copy to read. Good news? I could apply the messages in my own life.The devotional begins with step one, and has numerous daily devotionals to read while you work through the step. Each devotion opens up with the step written out, gives a brief message, and ends with a summary point. The devotional continues this pattern throughout the steps. I really appreciate the layout. It is concise and easy to follow. The style of speech is straightforward and carries a personable and calm tone. I found that the devotional doesn't come across as really dumbed down as if you are a child. Equally I did not feel that it rambled on and on with a lot of 'preachy fluff', which would risk diluting the basic truth needed by some readers. Don't misunderstand, it does not stray from it's biblical root and truth, it just sticks to the point. Each devotion lists scriptures which apply, and you can look them up in your own Bible if you have one and choose to do so (there is a Life Recovery Bible (sold on). Keep in mind that it is a devotional, not a chapter by chapter textbook.I would recommend that you not let the biblical base of this devotional thwart you from purchasing it. I completely understand that some are not familiar with the Bible or apprehensive about anything that refrences the name 'Jesus'. BUT, if you are looking for some practical daily truth and guidance, this IS an additional resource to aid you. Try it out. If you are in a 12 step program, you have probably heard others talk about setting every day up for success. This type of speech may sound a little 'mary sunshine' to you, but the benefit of this daily mind orientation is vast.

The Life Recovery Devotional: Thirty Meditations from Scripture for Each Step in Recovery HOW TO MAKE MONEY ONLINE: Learn how to make money from home with my step-by-step plan to build a $5000 per month passive income website portfolio (of 10 ... each) (THE MAKE MONEY FROM HOME LIONS CLUB) The Great Themes of Scripture: Old Testament (Great Themes of Scripture Series) Genesis to Jesus: Studying Scripture from the Heart of the Church (Journey Through Scripture) Celebrate Recovery Daily Devotional: 365 Devotionals Celebrate Recovery Revised Edition Participant's Guide Set: A Program for Implementing a Christ-centered Recovery

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